

SEVEN DAYS

CHORUS:

Seven days are – *clap* – given to you.

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Use them wisely! – *clap, clap, clap.*

Repeat

1.

On Monday have a good stretch.

On Tuesday shake it all up.

On Wednesday sit yourself down.

On Thursday better stand tall.

On Friday have a good think

On Saturday go swimming!

On Sunday have a long, long rest.

CHORUS

2.

Monday – is stretching day!

Tuesday – is shaking day!

Wednesday – a sit down day!

Thursday? – a stand tall day!

Friday – thinking day!

Saturday – swimming day!

Sunday - is a day of rest.

CHORUS

CHORUS *getting faster*

CHORUS

One, two, three, four, five, six – seven!